Crochet

Crochet (English: /kroʊˈʃeɪ/;[1] French: $[k \not k \supset [\epsilon]]^{[2]}$) is a process of creating textiles by using a crochet hook to interlock loops of yarn, thread, or strands of other materials.[3] The name is derived from the French term *crochet*, meaning 'small hook'. Hooks can be made from a variety of materials, such as metal, wood, bamboo, or plastic. The key difference between crochet and knitting, beyond the implements used for their production, is that each stitch in crochet is completed before the next one is begun, while knitting keeps many stitches open at a time. Some variant forms of crochet, such as Tunisian crochet and broomstick lace, do keep multiple crochet stitches open at a time.

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Etymology

The word crochet is derived from the <u>Old French</u> *crochet*, a diminutive of *croche*, in turn from the <u>Germanic</u> *croc*, both meaning "hook". [3] It was used in 17th-century French <u>lace</u>-making, where the term *crochetage* designated a stitch used to join separate pieces of lace. The word *crochet* subsequently came to

Origins

Knitted textiles survive from <u>as early</u> as the 11th century CE, but the first substantive evidence of crocheted fabric emerges in Europe during the 19th century. [5] Earlier work identified as crochet was commonly made by nålebinding, a different looped yarn technique.



A crocheted purse described in 1823 in *Penélopé*

The first known published instructions for crochet explicitly using that term to describe the craft in its present sense appeared in



19th century crochet from Orvieto, Italy

the Dutch magazine *Penélopé* in 1823. This includes a colour plate showing five styles of purse, of which three were intended to be crocheted with silk thread. The first is "simple open crochet" (*crochet simple ajour*), a mesh of chain-stitch arches. The second (illustrated here) starts in a semi-open form (*demi jour*), where chain-stitch arches alternate with equally long segments of slip-stitch crochet, and closes with a star made with "double-crochet stitches" (*dubbelde hekelsteek*: double-crochet in British terminology; single-crochet in US). The third purse is made entirely in double-crochet. The instructions prescribe the use of a tambour needle (as illustrated below) and introduce a number of decorative techniques.

The earliest dated reference in English to garments made of cloth produced by looping <u>yarn</u> with a hook—shepherd's knitting—is in *The Memoirs of a Highland Lady* by Elizabeth Grant (1797–1830). The journal entry, itself, is dated 1812 but was not recorded in its subsequently published form until some time between 1845 and 1867, and the actual date of publication was first in 1898. Nonetheless, the 1833 volume of *Penélopé* describes and illustrates a shepherd's hook, and recommends its use for crochet with coarser yarn.

In 1844, one of the numerous books discussing crochet that began to appear in the 1840s states:

<u>Crochet needles</u>, sometimes called *Shepherds' hooks*, are made of <u>steel</u>, <u>ivory</u>, or box-wood. They have a hook at one end similar in shape to a fish-hook, by which the wool or silk is caught and drawn through the work. These instruments are to be procured of various sizes...[10]

Two years later, the same author writes:

Crochet, — a species of knitting originally practised by the peasants in Scotland, with a small hooked needle called a shepherd's hook, — has, within the last seven years, aided by taste and fashion, obtained the preference over all other ornamental works of a similar nature. It derives its present name from the French; the instrument with which it is worked being by them, from

its crooked shape, termed 'crochet.' This art has attained its highest degree of perfection in England, whence it has been transplanted to France and Germany, and both countries, although unjustifiably, have claimed the invention. [11]

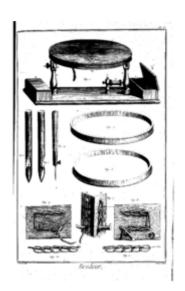
An instruction book from 1846 describes *Shepherd or single crochet* as what in current British usage is either called single crochet or slip-stitch crochet, with U.S. American terminology always using the latter (reserving single crochet for use as noted above). It similarly equates "Double" and "French crochet". 13

Notwithstanding the categorical assertion of a purely British origin, there is solid evidence of a connection between <u>French</u> tambour <u>embroidery</u> and crochet. French tambour embroidery was illustrated in detail in 1763 in <u>Diderot's Encyclopedia</u>. The tip of the needle shown there is indistinguishable from that of a present-day inline crochet hook and the chain stitch separated from a cloth support is a fundamental element of the latter technique. The 1823 *Penélopé* instructions unequivocally state that the tambour tool was used for crochet and the first of the 1840s instruction books uses the terms *tambour* and *crochet* as synonyms. [14] This equivalence is retained in the 4th edition of that work, 1847.



Shepherd's hook, 19thcentury tapered hook, modern inline hook

The strong taper of the shepherd's hook eases the production of slip-stitch crochet but is less amenable to stitches that require multiple loops on the hook at the same time. Early yarn hooks were also continuously tapered but gradually enough to accommodate multiple loops. The design with a cylindrical shaft that is commonplace today was largely reserved for



Tambour embroidery in the Diderot Encyclopedia

tambour-style steel needles. Both types gradually merged into the modern form that appeared toward the end of the 19th century, including both tapered and cylindrical segments, and the continuously tapered bone hook remained in industrial production until World War II.

The early instruction books make frequent reference to the alternative use of 'ivory, bone, or wooden hooks' and 'steel needles in a handle', as appropriate to the stitch being made. Taken with the synonymous labeling of shepherd's- and single crochet, and the similar equivalence of French- and double crochet, there is a strong suggestion that crochet is rooted both in tambour embroidery and shepherd's knitting, leading to thread and yarn crochet respectively; a distinction that is still made. The locus of the fusion of all these elements—the "invention" noted above—has yet to be determined, as does the origin of shepherd's knitting.

Shepherd's hooks are still being made for local slip-stitch crochet traditions. The form in the accompanying photograph is typical for contemporary production. A longer continuously tapering design intermediate between it and the 19th-century tapered hook was also in earlier production, commonly being made from the handles of forks and spoons.

Irish crochet

In the 19th century, as Ireland was facing the <u>Great Irish Famine (1845–1849)</u>, crochet lace work was introduced as a form of famine relief (the production of crocheted lace being an alternative way of making money for impoverished Irish workers). Men, women, children joined a cooperative in order to

crochet and produce products to help with famine relief during the Great Irish Famine. Schools to teach crocheting were started. Teachers were trained and sent across Ireland to teach this craft. When the Irish immigrated to the Americas, they were able to take with them crocheting. [18] Mademoiselle Riego de la Branchardiere is generally credited with the invention of Irish Crochet, publishing the first book of patterns in 1846. Irish lace became popular in Europe and America, and was made in quantity until the first World War. [19]

Detail of a Portuguese crocheted tablecloth, about 1970

Modern practice and culture

Fashions in crochet changed with the end of the Victorian era in the 1890s. Crocheted laces in the new Edwardian era, peaking between 1910 and 1920, became even more elaborate in texture and complicated stitching.



<u>Filet crochet</u> by an internee at <u>Manzanar</u> War Relocation Center, 1943. Photograph by Ansel Adams

The strong Victorian colours disappeared, though, and new publications called for white or pale threads, except for fancy purses, which were often crocheted of brightly colored silk and elaborately beaded. After World War I, far fewer crochet patterns were published, and most of them were simplified versions of the early 20th-century patterns. After World



Irish crochet lace, late 19th century. The design of this example is closely based on Flemish needle lace of the 17th century.

War II, from the late 1940s until the early 1960s, there was a resurgence in interest in home crafts, particularly in the United States, with many new and imaginative crochet designs published for colorful doilies, potholders, and other home items, along with updates of earlier publications. These patterns called for thicker threads and yarns than in earlier patterns and included wonderful variegated colors. The craft remained primarily a homemaker's art until the late 1960s and early 1970s, when the new

generation picked up on crochet and popularized granny squares, a motif worked in the round and incorporating bright colors.

Although crochet underwent a subsequent decline in popularity, the early 21st century has seen a revival of interest in handcrafts and <u>DIY</u>, as well as great strides in improvement of the quality and varieties of yarn. There are many more new pattern books with modern patterns being printed, and most yarn stores now offer crochet lessons in addition to the traditional knitting lessons. There are many books you can purchase from local book stores to teach yourself how to crochet whether it be as a beginner or intermediate. Along with books, there are endless youtube tutorials and tiktok videos to help people who may need a clearer explanation to learn how to crochet. [20]There are also many books for children and teenagers who are hoping to take up the hobby. <u>Filet crochet</u>, <u>Tunisian crochet</u>, <u>tapestry crochet</u>, broomstick lace, <u>hairpin lace</u>, <u>cro-hooking</u>, and Irish crochet are all variants of the basic crochet method.

Crochet has experienced a revival on the <u>catwalk</u> as well. <u>Christopher Kane</u>'s Fall 2011 Ready-to-Wear collection^[21] makes intensive use of the <u>granny square</u>, one of the most basic of crochet motifs. In addition, crochet has been utilized many times by designers on the popular reality show *Project Runway*. Websites



Bags and <u>hacky sack</u> <u>tapestry</u> crocheted in Guatemala.

such as <u>Etsy</u> and <u>Ravelry</u> have made it easier for individual hobbyists to sell and distribute their patterns or projects across the internet.

Laneya Wiles released a music video titled "Straight Hookin" which makes a play on the word "hookers," which has a double meaning for both

"one who crochets" and "a prostitute."



Detail on gold thread crochet in a mid-20th century short jacket designed by Sybil Connolly

Materials

Basic materials required for crochet are a hook and some type of material that will be crocheted, most commonly yarn or thread. Yarn, one of the most commonly used materials for crocheting, has varying weights which need to be taken into consideration when following patterns. Additional tools are convenient for keeping

stitches counted, measuring crocheted fabric, or making related accessories. Examples include cardboard cutouts, which can be used to make <u>tassels</u>, <u>fringe</u>, and many other items; a pom-pom circle, used to make pom-poms; a <u>tape measure</u> and a gauge measure, both used for measuring crocheted work and counting stitches; a <u>row counter</u>; and occasionally plastic rings, which are used for special projects. In recent years, yarn selections have moved beyond synthetic and plant and animal-based fibers to include bamboo, qiviut, hemp, and banana stalks, to name a few. Many advanced crocheters have also incorporated recycled materials into their work in an effort to "go green" and experiment with new textures by using items such as plastic bags, old t-shirts or sheets, VCR or Cassette tape, and ribbon.

Crochet hook

The crochet hook comes in many sizes and materials, such as bone, bamboo, aluminium, plastic, and steel. Because sizing is categorized by the diameter of the hook's shaft, a crafter aims to create stitches of a certain size in order to reach a particular gauge specified in a given pattern. If gauge is not reached with one hook, another is used until the stitches made are the needed size. Crafters may have a preference for one type of hook material over another due to aesthetic appeal, yarn glide, or hand disorders such as arthritis, where bamboo or wood hooks are favored over metal for the perceived warmth and flexibility during use. Hook grips and ergonomic hook handles are also available to assist crafters.

Steel crochet hooks range in size from 0.4 to 3.5 millimeters, or from 00 to 16 in American sizing. These hooks are used for fine crochet work such as doilies and lace.



Aluminium crochet hooks

Aluminium, bamboo, and plastic crochet hooks are available from 2.5 to 19 millimeters in size, or from B to S in American sizing.

Artisan-made hooks are often made of hand-turned woods, sometimes decorated with semi-precious stones or beads.

Crochet hooks used for Tunisian crochet are elongated and have a stopper at the end of the handle, while double-ended crochet hooks have a hook on both ends of the handle. There is also a double hooked apparatus called a Cro-hook that has become popular.

A hairpin loom is often used to create lacy and long stitches, known as hairpin lace. While this is not in itself a hook, it is a device used in conjunction with a crochet hook to produce stitches.

See: List of United States standard crochet hook and knitting needle sizes

Yarn

Yarn for crochet is usually sold as balls, or skeins (hanks), although it may also be wound on spools or cones. Skeins and balls are generally sold with a *yarn band*, a label that describes the yarn's weight, length, dye lot, fiber content, washing instructions, suggested needle size, likely gauge, etc. It is a common practice to save the yarn band for future reference, especially if additional skeins must be purchased. Crocheters generally ensure that the yarn for a project comes from a single dye lot. The dye lot specifies a group of skeins that were dyed together and thus have precisely the same color; skeins from different dye lots, even if very similar in color, are usually slightly different and may produce a visible stripe when added onto existing work. If insufficient yarn of a single dye lot is bought to complete a project, additional skeins of the same dye lot can sometimes be obtained from other yarn stores or online.

The thickness or weight of the yarn is a significant factor in determining how many stitches and rows are required to cover a given area for a given stitch pattern. This is also termed the gauge.



A hank of wool yarn (center) is uncoiled into its basic loop. A tie is visible at the left; after untying, the hank may be wound into a ball or balls suitable for crocheting. Crocheting from a normal hank directly is likely to tangle the yarn, producing snarls.

Thicker yarns generally require large-diameter crochet hooks, whereas thinner yarns may be crocheted with thick or thin hooks. Hence, thicker yarns generally require fewer stitches, and therefore less time, to work up a given project. The recommended gauge for a given ball of yarn can be found on the label that surrounds the skein when buying in stores. Patterns and motifs are coarser with thicker yarns and produce bold visual effects, whereas thinner yarns are best for refined or delicate pattern-work. Yarns are standardly grouped by thickness into six categories: superfine, fine, light, medium, bulky and superbulky. Quantitatively, thickness is measured by the number of wraps per inch (WPI). The related *weight per unit length* is usually measured in tex or denier.

Before use, hanks are wound into balls in which the yarn emerges from the center, making crocheting easier by preventing the yarn from becoming easily tangled. The winding process may be performed by hand or done with a ballwinder and swift.

A yarn's usefulness is judged by several factors, such as its *loft* (its ability to trap air), its *resilience* (elasticity under tension), its <u>washability</u> and colorfastness, its *hand* (its feel, particularly softness vs. scratchiness), its durability against abrasion, its resistance to <u>pilling</u>, its *hairiness* (fuzziness), its tendency to twist or untwist, its overall weight and drape, its blocking and <u>felting</u> qualities, its comfort (breathability, moisture absorption, wicking properties) and its appearance, which includes its color, sheen, smoothness and ornamental features. Other factors include allergenicity, speed of drying, resistance to chemicals, moths, and mildew, melting point and flammability, retention of static electricity, and the propensity to accept dyes.



Transformation of a hank of lavender silk yarn (top) into a ball in which the yarn emerges from the center (bottom). Using the latter is better for needlework, since the yarn is much less likely to tangle.

Desirable properties may vary for different projects, so there is no one "best" varn.

Although crochet may be done with ribbons, metal wire or more exotic filaments, most yarns are made by spinning fibers. In spinning, the fibers are twisted so that the yarn resists breaking under tension; the twisting may be done in either direction, resulting in a Z-twist or S-twist yarn. If the fibers are first aligned by combing them and the spinner uses a worsted type drafting method such as the short forward draw, the yarn is smoother and called a *worsted*; by contrast, if



The two possible twists of yarn

the fibers are carded but not combed and the spinner uses a woolen drafting method such as the long backward draw, the yarn is fuzzier and called

woolen-spun. The fibers making up a yarn may be continuous *filament* fibers such as <u>silk</u> and many synthetics, or they may be <u>staples</u> (fibers of an average length, typically a few inches); naturally filament fibers are sometimes cut up into staples before spinning. The strength of the spun yarn against breaking is determined by the amount of twist, the length of the fibers and the thickness of the yarn. In general, yarns become stronger with more twist (also called *worst*), longer fibers and thicker yarns (more fibers); for example, thinner yarns require more twist than do thicker yarns to resist breaking under tension. The thickness of the yarn may vary along its length; a *slub* is a much thicker section in which a mass of fibers is incorporated into the yarn.

The spun fibers are generally divided into animal fibers, plant and synthetic fibers. These fiber types are chemically different, corresponding to proteins, carbohydrates and synthetic polymers, respectively. Animal fibers include silk, but generally are long hairs of animals such as sheep (wool), goat (angora, or cashmere goat), rabbit (angora), llama, alpaca, dog, cat, camel, yak, and muskox (qiviut). Plants used for fibers include cotton, flax (for linen), bamboo, ramie, hemp, jute, nettle, raffia, yucca, coconut husk, banana trees, soy and corn. Rayon and acetate fibers are also produced from cellulose mainly derived from trees. Common synthetic fibers include acrylics, [22] polyesters such as dacron and ingeo, nylon and other polyamides, and olefins such as polypropylene. Of these types, wool is generally favored for crochet, chiefly owing to its superior elasticity, warmth and (sometimes) felting; however, wool is generally less convenient to clean and some people are allergic to it. It is also common to blend different fibers in the yarn, e.g., 85% alpaca and 15% silk. Even within a type of fiber, there can be great variety in the length and thickness of the fibers; for example, Merino wool and Egyptian cotton are favored because they produce exceptionally long, thin (fine) fibers for their type.

A single spun yarn may be crochet as is, or <u>braided</u> or <u>plied</u> with another. In plying, two or more yarns are spun together, almost always in the opposite sense from which they were spun individually; for example, two Z-twist yarns are usually plied with an S-twist. The opposing twist relieves some of the yarns' tendency to curl up and produces a thicker, *balanced* yarn. Plied yarns may themselves be plied together, producing *cabled yarns* or *multi-stranded yarns*. Sometimes, the yarns being plied are fed at different rates, so that one yarn loops around the other, as in <u>bouclé</u>. The single yarns may be dyed separately before plying, or afterwards to give the yarn a uniform look.

The dyeing of yarns is a complex art. Yarns need not be dyed; or they may be dyed one color, or a great variety of colors. Dyeing may be done industrially, by hand or even hand-painted onto the yarn. A great variety of synthetic dyes have been developed since the synthesis of <u>indigo dye</u> in the mid-19th century; however, <u>natural dyes</u> are also possible, although they are generally less brilliant. The color-scheme of a yarn is sometimes called its <u>colorway</u>. Variegated yarns can produce interesting visual effects, such as diagonal stripes.

Process

Crocheted fabric is begun by placing a <u>slip-knot</u> loop on the hook (though other methods, such as a magic ring or simple folding over of the yarn may be used), pulling another loop through the first loop, and repeating this process to create a chain of a suitable length. The chain is either turned and worked in rows, or joined to the beginning of the row with a slip stitch and worked in rounds. Rounds can also be created by working many stitches into a single loop. Stitches are made by pulling one or more loops through each loop of the chain. At any one time at the end of a stitch, there is only one loop left on the hook. Tunisian crochet, however, draws all of the loops for an entire row onto a long hook before working them off one at a time. Like knitting, crochet can be worked either flat (back and forth in rows) or in the round (in spirals, such as when making tubular pieces).



A close view of a crocheted scarf made with lace-weight mohair yarn.

Types of stitches

There are six main types of basic stitches (the following description uses US crochet terminology which differs from the terminology used in the UK and Europe).

- 1. Chain stitch the most basic of all stitches and used to begin most projects.
- 2. Slip stitch used to join chain stitch to form a ring.
- 3. Single crochet stitch (called double crochet stitch in the UK) easiest stitch to master (see single crochet stitch tutorial (http://crochet.about.com/od/learntocrochet/ss/Single_Crochet.htm))
- 4. Half-double crochet stitch (called half treble stitch in the UK) the 'in-between' stitch (see half-double crochet tutorial (http://crochet.about.com/od/learntocrochet/tp/half-double-crochet -stitch.htm))
- 5. Double crochet stitch (called treble stitch in the UK) (yarn over once) many uses for this unlimited use stitch (see double crochet stitch tutorial (http://crochet.about.com/od/learntocrochet/ss/DoubleCrochet.htm))
- 6. Treble (or triple) crochet stitch (called double treble stitch in the UK) (yarn over twice)

While the horizontal distance covered by these basic stitches is the same, they differ in height and thickness.

The more advanced stitches are often combinations of these basic stitches, or are made by inserting the hook into the work in unusual locations. More advanced stitches include the *shell stitch*, *V stitch*, *spike stitch*, *Afghan stitch*, *butterfly stitch*, *popcorn stitch*, *cluster stitch*, and *crocodile stitch*.

International crochet terms and notations

chain (ch)slip stitch (ss or sl st)

US double crochet (dc) UK treble crochet (tr)

..and another useful stitch

US single crochet (sc)
UK double crochet (db)

Some crochet
symbols,
abbreviations, and
US/UK terms

In the English-speaking crochet world, <u>basic stitches</u> have different names that vary by country. The differences are usually referred to as UK/US or British/American. Crochet is traditionally worked off a written pattern in which stitches and placement are communicated using textual abbreviations. To help counter confusion when reading patterns, a diagramming system using a standard international notation has come into use (illustration, left). In the United States, crochet terminology and sizing guidelines, as well as standards for yarn and hook labeling, are primarily regulated by the Craft Yarn Council. [24]

Another terminological difference is known as *tension* (UK) and *gauge* (US). Individual crocheters work yarn with a loose or a tight hold and, if unmeasured, these differences can lead to significant size changes in finished garments that have the same number of stitches. In order to control for this inconsistency, printed

crochet instructions include a standard for the number of stitches across a standard swatch of fabric. An individual crocheter begins work by producing a test swatch and compensating for any discrepancy by changing to a smaller or larger hook. North Americans call this *gauge*, referring to the result of these adjustments; British crocheters speak of *tension*, which refers to the crafter's grip on the yarn while producing stitches.

Differences from and similarities to knitting

One of the more obvious differences is that crochet uses one hook while much knitting uses two needles. In most crochet, the artisan usually has only one live stitch on the hook (with the exception being Tunisian crochet), while a knitter keeps an entire row of stitches active simultaneously. Dropped stitches, which can unravel a knitted fabric, rarely interfere with crochet work, due to a second structural difference between knitting and crochet. In knitting, each stitch is supported by the corresponding stitch in the row above and it supports the corresponding stitch in the row below, whereas crochet stitches are only supported by and support the stitches on either side of it. If a stitch in a finished crocheted item breaks, the stitches above and below remain intact, and because of the complex looping of each stitch, the stitches on either side are unlikely to come loose unless heavily stressed.

Round or cylindrical patterns are simple to produce with a regular crochet hook, but cylindrical knitting requires either a set of circular needles or three to five special double-ended needles. Many crocheted items are composed of individual <u>motifs</u> which are then joined, either by sewing or crocheting, whereas knitting is usually composed of one fabric, such as entrelac.

<u>Freeform crochet</u> is a technique that can create interesting shapes in three dimensions because new stitches can be made independently of previous stitches almost anywhere in the crocheted piece. It is generally accomplished by building shapes or structural elements onto existing crocheted fabric at any place the crafter desires.

Knitting can be accomplished by machine, while many crochet stitches can only be crafted by hand. The height of knitted and crocheted stitches is also different: a single crochet stitch is twice the height of a knit stitch in the same yarn size and comparable diameter tools, and a double crochet stitch is about four times the height of a knit stitch. [25]

While most crochet is made with a hook, there is also a method of crocheting with a knitting loom. This is called *loomchet*. Slip stitch crochet is very similar to knitting. Each stitch in slip stitch crochet is formed the same way as a knit or purl stitch which is then bound off. A person working in slip stitch crochet can follow a knitted pattern with knits, purls, and cables, and get a similar result. 27

It is a common perception that crochet produces a thicker fabric than knitting, tends to have less "give" than knitted fabric, and uses approximately a third more yarn for a comparable project than knitted items. Although this is true when comparing a single crochet swatch with a stockinette swatch, both made with the same size yarn and needle/hook, it is not necessarily true for crochet in general. Most crochet uses far less than 1/3 more yarn than knitting for comparable pieces, and a crocheter can get similar feel and drape to knitting by using a larger hook or thinner yarn. Tunisian crochet and slip stitch crochet can in some cases use less yarn than knitting for comparable pieces. According to sources^[28] claiming to have tested the 1/3 more yarn assertion, a single crochet stitch (sc) uses approximately the same amount of yarn as knit garter stitch, but more yarn than stockinette stitch. Any stitch using yarnovers uses less yarn than single crochet to produce the same amount of fabric. Cluster stitches, which are in fact multiple stitches worked together, will use the most length.

Standard crochet stitches like sc and dc also produce a thicker fabric, more like knit garter stitch. This is part of why they use more yarn. Slip stitch can produce a fabric much like stockinette that is thinner and therefore uses less yarn.

Any yarn can be either knitted or crocheted, provided needles or hooks of the correct size are used, but the cord's properties should be taken into account. For example, lofty, thick woolen yarns tend to function better when knitted, which does not crush their airy structure, while thin and tightly spun yarn helps to achieve the firm texture required for <u>Amigurumi</u> crochet. [29]

Differences between crochet and knitting





Most crochet uses one hook and Knitting uses two or more straight works upon one stitch at a time. needles that carry multiple stitches. Crochet may be worked in circular rounds without any specialized tools, as shown here.



Unlike crochet, knitting requires specialized needles to create circular rounds.

Charity and activism

It has been very common for people and groups to crochet clothing and other garments and then donate them to soldiers during war. People have also crocheted clothing and then donated it to hospitals, for sick patients and also for newborn babies. Sometimes groups will crochet for a specific charity purpose, such as crocheting for homeless shelters, nursing homes, etc.

It is becoming increasingly popular to crochet hats (commonly referred to as "chemo caps") and donate them to cancer treatment centers, for those undergoing chemotherapy and therefore losing hair. During October pink hats and scarves are made and proceeds are donated to breast cancer funds. Organizations dedicated to using crochet as a way to help others include Knots of Love, Crochet for Cancer, [30] and Soldiers' Angels. [31] These organizations offer warm useful items for people in need.

In 2020, people around the world banded together to help save the wildlife affected by the Australian bushfires by crocheting kangaroo pouches, koala mittens and wildlife nests. [32] This was an international effort to help during the particularly bad bushfire season which devastated local ecological systems.

A group started in 2005 to create crochet versions of coral reefs grew by 2022 to over 20,000 contributors in what became the Crochet Coral Reef Project. [33] To promote awareness of the effects of global warming, their creations have been displayed in galleries and museums by an estimated 2 million people. [33] Many creations apply hyperbolic (curved) geometric shapes—distinguished from Euclidian (flat) geometry—to emulate natural structures. [33]

Health benefits

Crocheting and other forms of <u>needlecraft</u> or <u>handicraft</u> are proven to have several health benefits including reducing stress and <u>anxiety</u>. Studies show that the constant repetition of hand movement helps keep the mind calm and distracts the brain from the stresses of life. When crocheting, the brain releases <u>serotonin</u> that helps calm the mind and improve mood. Crocheting and similar activities are shown to improve <u>Alzheimer's disease</u>, <u>insomnia</u>, and <u>depression</u>. The colors and textures of the yarn are usually pleasing to the senses, and the finished product can give a person a sense of accomplishment.

Mathematics and hyperbolic crochet

Crochet has been used to illustrate shapes in hyperbolic space that are difficult to reproduce using other media or are difficult to understand when viewed two-dimensionally. [36]

Mathematician <u>Daina Taimiņa</u> first used crochet in 1997 to create strong, durable models of hyperbolic space after finding paper models were delicate and hard to create. These models enable one to turn, fold, and otherwise manipulate space to more fully grasp ideas such as how a line can appear curved in hyperbolic space yet actually be straight. Her work received an exhibition by the <u>Institute For Figuring</u>. [36]

Examples in nature of organisms that show hyperbolic structures include lettuces, sea slugs, flatworms and coral. Margaret Wertheim and Christine Wertheim of the Institute For Figuring created a travelling art installation of a coral reef using Taimina's method. Local artists are encouraged to create their own "satellite reefs" to be included alongside the original display. [37]

As hyperbolic and mathematics-based crochet has continued to become more popular, there have been several events highlighting work from various fiber artists. Two such shows include <u>Sant Ocean Hall (http://crochetcoralreef.org/exhibitions/smithsonian.ph p)</u> at the <u>Smithsonian in Washington D.C. and Sticks, Hooks, and the Mobius: Knit and Crochet Go Cerebral (https://web.archive.or</u>



A collection of crocheted hyperbolic planes, in imitation of a coral reef.

g/web/20130911233042/http://galleries.lafayette.edu/2011/09/01/sticks-hooks-and-the-mobius-knit-and-crochet-goes-cerebral/) at Lafayette College in Pennsylvania.

Architecture

In *Style in the technical arts*, Gottfried Semper looks at the textile with great promise and historical precedent. In Section 53, he writes of the "loop stitch, or Noeud Coulant: a knot that, if untied, causes the whole system to unravel." In the same section, Semper confesses his ignorance of the subject of crochet but believes strongly that it is a technique of great value as a textile technique and possibly something more.

There are a small number of architects currently interested in the subject of crochet as it relates to architecture. The following publications, explorations and thesis projects can be used as a resource to see how crochet is being used within the capacity of architecture.

- Emergent Explorations: Analog and Digital Scripting (http://hdl.handle.net/10919/32543) Alexander Worden
- Research and Design: The Architecture of variation Lars Spuybroek
- YurtAlert (http://yurtalert.com/about/) Kate Pokorny

Yarn bombing

In the past few years, a practice called <u>yarn bombing</u>, or the use of knitted or crocheted cloth to modify and beautify one's (usually outdoor) surroundings, emerged in the US and spread worldwide. [38] Yarn bombers sometimes target existing pieces of graffiti for beautification. In 2010, an entity dubbed "the Midnight Knitter" hit West Cape May. Residents awoke to find knit cozies hugging tree branches and sign poles. [39] In September 2015, Grace Brett was named "The World's Oldest Yarn Bomber". She is part of a group of yarn graffiti-artists called the Souter Stormers, who beautify their local town in Scotland. [40]

Styles in Crochet

- Mosaic Crochet
- Granny square
- Freeform Crochet
- Motifs
- Crocheted lace
- Tunisian Crochet
- Tapestry Crochet
- Amigurumi
- Filet Crochet
- Corner to Corner (C2C) Crochet

See also

- Crochet Guild of America
- The Tempestry Project
- Fiber art
- Macramé
- Knitting

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